

North Midlands Championships 2022 – Level 3

Saturday 1st and Sunday 2nd October

License numbers: 3NW*****

Saturday 15th and Sunday 16th October

License numbers: 3NW*****

Key Information

Date:	Saturday 1 st /Sunday 2 nd October 2022. (License Number 3NW*****) Saturday 15 th /Sunday 16 th October 2022 (License Number 3NW*****)
Venue:	Macclesfield Leisure Centre Priory Lane Macclesfield SK10 4AF
Competition pool:	8 lane 25m pool 1m – 3m deep Anti-turbulence lane ropes fitted Swiss Timing AOE (Quantum) with 8 lane scoreboard
Warm up and swim down:	A 17m pool will be available for warm-up and swim-down, this facility is provided on the understanding that swimmers are the responsibility of their Coach/Team Manager. If swimmers abuse the facility, it will be withdrawn. STRICTLY NO DIVING in this pool.
Sessions:	1 st October 2022 Session 1: W/U – 12:45 Start – 13:50 Session 2: W/U – TBC Start – TBC 2 nd October 2022 Session 3: W/U – 09:00 Start – 10:05 Session 4: W/U – TBC Start – TBC 15 th October 2022 Session 5: W/U – 12:45 Start – 13:50 Session 6: W/U – TBC Start – TBC 16 th October 2022 Session 7: W/U – 09:00 Start – 10:05 Session 8: W/U – TBC Start – TBC These are proposed warm up times and are subject to confirmation following close of entries.
Officials:	Anyone able to assist with the Gala as an official over the two days please contact: Email: ajones2001@googlemail.com
Car Parking:	Extensive FREE car parking is available within the Leisure Centre grounds.
Swim Shop:	A swim shop will be situated downstairs on both days, pending confirmation.
Spectators:	Admission £3 per session.
Photography and videos:	An official photographer may be available at the event and the photos will be available on a password-protected website for viewing/downloading/purchase after the event. Photographs and videos may also be taken for GCSE and A level PE. You have the right to withhold your consent - please contact north.mids.entries@gmail.com if you refuse consent for your child to be photographed or filmed.
Awards:	See detailed information set out below.

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Programme of events

Saturday 1st October 2022

Session 1

Warm Up - 12:45AM

Session 2

Warm Up - TBC

101	Boys	10 Yrs/Over	400m Freestyle
102	Girls	9 Yrs/Over	200m Backstroke
103	Boys	9 Yrs/Over	100m Butterfly
104	Girls	9 Yrs/Over	100m Breaststroke
105	Boys	9 Yrs/Over	100m Breaststroke

201	Mixed	11 Yrs/Over	800m Freestyle
202	Girls	9 Yrs/Over	50m Breaststroke
203	Boys	9 Yrs/Over	50m Freestyle

Sunday 2nd October 2022

Session 3

Warm Up - 9AM

Session 4

Warm Up - TBC

301	Girls	10 Yrs/Over	400m IM
302	Boys	9 Yrs/Over	200m Backstroke
303	Girls	9 Yrs/Over	200m Breaststroke
304	Boys	9 Yrs/Over	50m Butterfly
305	Girls	9 Yrs/Over	50m Backstroke

401	Boys	9 Yrs/Over	200m Butterfly
402	Girls	10 Yrs/Over	400m Freestyle
403	Boys	9 Yrs/Over	50m Backstroke
404	Girls	9 Yrs/Over	100m IM
405	Boys	9 Yrs/Over	200m Breaststroke
406	Girls	9 Yrs/Over	100m Butterfly

Saturday 15th October 2022

Session 5

Warm Up - 12:45AM

Session 6

Warm Up - TBC

501	Boys	10 Yrs/Over	400m IM
502	Girls	9 Yrs/Over	200m Freestyle
503	Boys	9 Yrs/Over	100m Freestyle
504	Girls	9 Yrs/Over	50m Butterfly
505	Boys	9 Yrs/Over	100m IM

601	Mixed	11 Yrs/Over	1500m Freestyle
602	Girls	9 Yrs/Over	50m Freestyle
603	Boys	9 Yrs/Over	50m Breaststroke

Sunday 16th October 2022

Session 7

Warm Up - 9AM

Session 8

Warm Up - TBC

701	Girls	9 Yrs/Over	200m IM
702	Boys	9 Yrs/Over	200m IM
SKINS	B/G	By Invitation	14 under/15 Over

801	Girls	9 Yrs/Over	100m Freestyle
802	Boys	9 Yrs/Over	100m Backstroke
803	Girls	9 Yrs/Over	200m Butterfly
804	Boys	9 Yrs/Over	200m Freestyle
805	Girls	9 Yrs/Over	100m Backstroke

This meet is subject to change. The order of events will remain the same but may be split. This meet is subject to Government, Swim England, Local Authority and Pool operator (Leisure centre) guidance, restrictions and operating procedures.

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Cut off times

Girls consideration times 2022

	9 -10 Years		11 Years		12 Years		13 Years		14 Years		15 Years		16/Over	
	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER
50m FREESTYLE (9+)	00:30.00	00:49.95	00:30.00	00:49.91	00:29.15	00:45.90	00:28.34	00:43.20	00:27.53	00:41.85	00:27.33	00:41.85	00:27.33	00:41.17
100m FREESTYLE (9+)	01:04.00	01:36.97	01:04.00	01:36.97	01:03.00	01:33.80	01:01.28	01:32.19	00:59.48	01:30.91	00:59.00	01:30.14	00:58.75	01:29.67
200m FREESTYLE (9+)	02:18.00	03:55.01	02:18.00	03:54.43	02:17.35	03:44.22	02:12.81	03:29.23	02:09.56	03:21.14	02:07.63	03:19.11	02:07.31	03:18.44
400m FREESTYLE (10+)	04:50.00	07:20.00	04:50.00	07:01.08	04:49.47	06:45.00	04:38.82	06:35.00	04:33.49	06:30.00	04:30.06	06:15.00	04:28.70	06:00.00
800m FREESTYLE (11+)	N/A	N/A	09:58.00	13:20.40	09:57.44	13:20.40	09:35.89	12:39.00	09:24.58	12:22.40	09:21.19	12:22.40	09:20.00	12:22.40
1500m FREESTYLE (11+)	N/A	N/A	19:57.00	26:29.20	19:56.22	26:29.20	19:02.07	24:56.40	18:45.53	24:21.60	18:30.00	23:46.80	18:20.00	23:29.40
50m BREASTSTROKE (9+)	00:38.00	01:00.01	00:38.00	00:57.51	00:37.00	00:57.00	00:35.92	00:56.51	00:35.02	00:55.81	00:34.65	00:54.67	00:34.65	00:54.51
100m BREASTSTROKE (9+)	01:22.00	02:04.12	01:22.00	02:04.12	01:20.77	01:58.32	01:17.17	01:50.20	01:15.53	01:45.66	01:14.50	01:45.01	01:14.50	01:44.78
200m BREASTSTROKE (9+)	02:55.00	04:37.00	02:55.00	04:34.04	02:53.60	04:24.15	02:47.11	04:17.42	02:42.94	04:13.38	02:42.29	04:11.97	02:42.29	04:11.02
50m BUTTERFLY (9+)	00:32.00	00:54.51	00:32.00	00:52.51	00:31.63	00:52.00	00:30.66	00:49.95	00:29.85	00:47.25	00:29.41	00:45.90	02:29.41	00:45.90
100 m BUTTERFLY (9+)	01:11.00	01:57.16	01:11.00	01:57.16	01:10.70	01:50.20	01:07.86	01:39.76	01:06.34	01:36.91	01:05.50	01:36.43	01:05.06	01:36.07
200m BUTTERFLY (9+)	02:38.00	04:26.80	02:38.00	04:26.80	02:37.11	04:07.00	02:31.64	04:00.94	02:26.49	03:56.20	02:26.07	03:53.86	02:25.43	03:53.53
50m BACKSTROKE (9+)	00:34.00	00:55.00	00:34.00	00:52.00	00:33.05	00:51.91	00:31.77	00:49.95	00:31.06	00:47.92	00:30.80	00:47.25	00:30.42	00:47.25
100m BACKSTROKE (9+)	01:11.50	01:47.88	01:11.50	01:47.88	01:10.89	01:42.08	01:08.23	01:38.99	01:06.41	01:37.78	01:06.13	01:36.42	01:04.91	01:36.18
200m BACKSTROKE (9+)	02:33.50	04:12.00	02:33.50	04:09.22	02:32.33	04:02.24	02:26.84	03:57.58	02:21.73	03:44.76	02:21.73	03:40.98	02:19.68	03:40.30
100m IND MEDLEY (9+)	01:11.00	01:48.00	01:11.00	01:48.00	01:10.00	01:43.00	01:08.00	01:39.00	01:06.00	01:37.00	01:04.00	01:36.00	01:02.00	01:35.00
200m IND MEDLEY (9+)	02:36.00	04:15.00	02:36.00	04:12.65	02:35.12	04:05.09	02:29.75	03:58.26	02:26.21	03:50.83	02:24.22	03:45.43	02:23.77	03:45.43
400m IND MEDLEY (10+)	05:30.00	07:50.50	05:29.00	07:50.50	05:28.53	07:26.16	05:16.22	07:16.74	05:10.07	06:57.60	05:08.81	06:54.12	05:05.53	06:54.12

These are 25m times.

Age as at 16th October 2022

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Boys consideration times 2022

	9 -10 Years		11 Years		12 Years		13 Years		14 Years		15 Years		16/Over	
	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER	UPPER	LOWER
50m FREESTYLE (9+)	00:30.00	00:49.27	00:30.00	00:49.27	00:28.64	00:45.90	00:26.94	00:43.20	00:25.50	00:40.50	00:25.07	00:39.15	00:24.66	00:38.47
100m FREESTYLE (9+)	01:03.00	01:36.00	01:03.00	01:36.00	01:02.46	01:33.00	00:58.40	01:29.31	00:55.72	01:27.07	00:54.13	01:25.58	00:53.64	01:24.40
200m FREESTYLE (9+)	02:17.00	03:52.99	02:17.00	03:30.00	02:16.10	03:20.00	02:08.12	03:15.00	02:01.71	03:10.00	01:57.98	03:05.00	01:57.40	03:03.00
400m FREESTYLE (10+)	04:50.00	07:20.00	04:50.00	06:57.60	04:47.39	06:40.00	04:30.84	06:35.00	04:18.52	06:21.00	04:11.05	06:14.00	04:11.05	06:10.00
800m FREESTYLE (11+)	N/A	N/A	10:15.00	13:20.40	10:13.36	13:20.40	09:36.04	12:34.00	09:16.66	12:22.40	08:55.00	11:59.20	08:55.00	11:47.60
1500m FREESTYLE (11+)	N/A	N/A	19:12.00	26:29.20	19:10.80	26:29.20	17:59.44	24:56.40	17:21.72	23:58.40	16:48.30	23:00.40	16:48.30	22:31.40
50m BREASTSTROKE (9+)	00:38.00	01:05.01	00:38.00	01:04.40	00:37.23	00:58.01	00:34.41	00:53.01	00:32.16	00:51.40	00:31.79	00:50.90	00:31.19	00:50.01
100m BREASTSTROKE (9+)	01:22.50	02:05.80	01:22.50	02:05.80	01:21.73	01:53.68	01:14.92	01:46.72	01:10.28	01:45.56	01:08.43	01:40.46	01:07.93	01:38.17
200m BREASTSTROKE (9+)	02:55.50	05:00.00	02:55.50	04:36.03	02:54.78	04:23.93	02:43.50	04:13.05	02:32.84	04:05.92	02:30.58	04:01.22	02:29.81	03:59.10
50m BUTTERFLY (9+)	00:32.00	00:58.05	00:32.00	00:55.01	00:31.33	00:52.01	00:29.48	00:49.95	00:27.82	00:47.25	00:27.15	00:44.55	00:26.98	00:43.87
100 m BUTTERFLY (9+)	01:11.00	01:57.16	01:11.00	01:57.16	01:10.14	01:50.20	01:05.63	01:39.76	01:01.91	01:33.23	00:59.60	01:31.03	00:59.60	01:29.93
200m BUTTERFLY (9+)	02:41.00	05:01.00	02:41.00	04:22.28	02:40.08	04:08.00	02:28.23	03:56.50	02:19.88	03:49.90	02:12.88	03:42.54	02:12.88	03:33.28
50m BACKSTROKE (9+)	00:33.50	00:56.70	00:33.50	00:55.41	00:32.73	00:53.32	00:30.86	00:49.95	00:28.94	00:47.25	00:28.15	00:46.57	00:27.97	00:45.90
100m BACKSTROKE (9+)	01:11.50	01:47.88	01:11.50	01:47.88	01:10.45	01:41.01	01:05.74	01:36.85	01:02.45	01:33.74	01:00.15	01:31.72	00:59.80	01:30.61
200m BACKSTROKE (9+)	02:32.00	04:18.24	02:32.00	04:11.20	02:31.15	04:01.63	02:22.22	03:53.17	02:15.26	03:44.62	02:10.49	03:38.01	02:10.49	03:37.33
100m IND MEDLEY (9+)	01:09.00	01:47.88	01:09.00	01:47.88	01:08.00	01:42.00	01:06.00	01:37.00	01:04.00	01:35.00	01:02.00	01:34.00	01:00.00	01:33.00
200m IND MEDLEY (9+)	02:35.00	04:35.38	02:35.00	04:14.02	02:34.02	04:04.94	02:24.60	03:56.69	02:17.41	03:48.94	02:14.04	03:39.36	02:12.83	03:36.79
400m IND MEDLEY (10+)	05:29.00	07:50.15	05:28.50	07:50.15	05:27.69	07:25.84	05:09.17	07:16.16	04:51.16	06:54.12	04:46.47	06:40.32	04:44.53	06:35.56

These are 25m times.

Age as at 16th October 2022

North Midlands Championships 2022 – Level 3

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Saturday 15th and Sunday 16th October

License numbers: 3NW*****

Promoter's Conditions

1) Introduction

- a) The competition will be held under Swim England Rules and Technical Regulations. The Meet is a Level 3 Short Course (25m) licensed meet. Licence nos. **3nw***** (1st/2nd October) and 3nw***** (15th/16th October)**
- b) It will be held at Macclesfield Leisure Centre on Saturday 1st, Sunday 2nd, Saturday 15th and Sunday 16th October 2022.
- c) Proposed session timings will be confirmed once entries have closed.

2) Eligibility

- a) The Meet shall be open to all eligible swimmers who are members of Clubs affiliated to the North Midlands Swimming Association on 1st September 2022. Entries will not be accepted from members of clubs where the club has not paid the annual affiliation fee. The fee is £10 payable to sort code: 20-82-13, account number: 60393800.
- b) The swimmers age for competition shall be that as at the last day of the competition (16th October 2022).
- c) Entrants must have achieved a time faster than the lower consideration time and no faster than upper consideration times.
- d) Entrants may use times from unlicensed league competitions, time trials and club championships if they do not have licensed times, this includes times obtained from the Level X. Clubs must be able to provide evidence of such times in the form of official results sheets if challenged to do so by the promoters.
- e) Swimmers **MUST** enter with their fastest time achieved within the last 24 months, either from a 25m competition or from a 50m competition converted to a 25m time.
- f) Improved entry times will not be accepted for this meet.
- g) Entries will be subject to random checking by the promoters with a fixed percentage of entries for each club being checked. If entries within that sample are found to be incorrect then not only will those entries be rejected but the remaining entries for that swimmer and their club will come under closer scrutiny. These checks have to take place for the competition to be fair and true to its spirit. Persistent or systematic abuse of the entry process will result in a swimmer or club being ejected from the competition.

3) Events

- a) All events will be held on a Heat Declared Winner (HDW) basis. Heats will be arranged by submitted entry times and all heats will be spearheaded
- b) 9 year olds will be eligible to swim in all 50m, 100m and 200m events.
- c) 10 year olds will be eligible to swim in all 50m, 100m, 200m and 400m events.

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- d) Swimmers aged 11 and over will be eligible to swim in all events including 800m Freestyle and 1500m Freestyle.
- e) SKINS entries are by invitation only from the competitors in the 200IM. Competitors must have entered 2 other events in addition to the 200IM to be eligible for SKINS.
- f) Some sessions may require breaks to conform to Swim England licensing conditions.

4) Entries

- a) The entry fee is £6.50 per event. Late entries may be accepted after Saturday 3rd September at £12 per event provided there is space in the event/session.
- b) Paper entries are NOT ACCEPTED.
- c) Entries will be on a first-come first-served basis.
- d) Entry times must be:
 - i) 25m times, or
 - ii) 50m times converted to 25m times.
 - iii) See section 2 c), d) & e) for more details.
- e) All converted times must use the SE Equivalent Performance Tables (use of the SE Tables section on <http://www.pullbuoy.co.uk/times/> is permissible).
- f) **Refunds will not be given for incorrect entries** which result in rejection.
- g) The Competition Secretary reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Events chosen for restriction will be at the discretion of the Promoter.
- h) Priority will be given to swimmers who are accompanied by a visiting official. Names and qualifications of officials willing to attend must be provided at the time of entry to qualify for priority. Please email **both** north.mids.entries@gmail.com and ajones2001@googlemail.com
- i) Closing date for entries is Saturday 3rd September. Later entries may be accepted at £12 per entry subject to there being space in the event or the session.
- j) Submission of entries:
 - i) Submission of entries will be submitted via the <https://swimming.events> application.
 - ii) Any queries on the submission of entries should be directed to north.mids.entries@gmail.com
- k) Accepted entries will be emailed to the email address used to register on Swimming Events and will be published on the Swimming Events website.
- l) Clubs will be expected to provide at least 1 official for every 10 swimmers entered.

5) Disability competitors

- a) The general conditions for the Meet shall apply to disability competitors except where varied by any of the following conditions.
- b) All competitors must:
 - i) Have an authorised British Swimming, WPS or INAS-FID Classification which is held on by British Swimming or WPS classification database OR a valid Certificate of Swimming Disability issued by Swim England, at the time of entry
 - ii) A Certificate of Swimming Disability must be presented to the Referee before the start of the race in which the competitor is entered. Failure to do so will leave the competitor liable for disqualification for non-compliance with stroke rules.
- c) Qualifying times for disability competitors are not required. However, entry times shall be submitted for the purpose of seeding the heats.
- d) Classified swimmers must state their classification codes on their entry
- e) Personal Care Attendants/Coaches:
 - i) Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11. See point 8.a.i for more.
- f) The competition format will be based on disability inclusion within the able-bodied programme, i.e. there will be no separate events for swimmers with disabilities.
- g) All swimmers will be seeded in the heats according to their entry times.
- h) All disability swimmers should e-mail north.mids.entries@gmail.com to inform the promoter that you are a disability swimmer.
- i) Please see point 6.d for awards information.

6) Awards

- a) Medals will be awarded to boys and girls in 1st, 2nd and 3rd place in age groups 9, 10, 11, 12, 13, 14, 15, 16 & Over
- b) Trophies will be awarded to:
 - i) Overall fastest in each event (boys and girls)
 - ii) 9-12 Years top boy and girl (based on points from events 8, 7, 6, 5, 4, 3, 2, 1)
 - iii) Overall top boy and top girl (based on points from events 8, 7, 6, 5, 4, 3, 2, 1)
 - iv) Most improved club (Based on points, 8, 7, 6, 5, 4, 3, 2, 1, compared to 2019) expressed as a percentage increase of their points from the previous year. Clubs who did not take part in the 2019 championships are not eligible for this award.
 - v) Overall top club (based on points, 8, 7, 6, 5, 4, 3, 2, 1)

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- c) Where a trophy is awarded that is returnable, it will be the recipient's responsibility to have it engraved and returned by the agreed date.
- d) Disability Awards
 - i) Medals shall be awarded on a multi-class basis to the first 3 swimmers in each event based upon British Disability Point scores.
 - ii) If there are less than four disability competitors in any one event, then a minus one rule shall apply.
 - iii) If there is only one disability competitor in an event, then a medal shall be presented if the swimmer better their entry time.

7) Withdrawals

- a) Notification may be completed via the Swimming Events application in your profile. This can be done up to 30 minutes before the start of the warm up for that session.
- b) Swimmers who fail to withdraw in the prescribed manner shall be removed from that day's remaining events in which they have been entered unless there are extenuating circumstances.
- c) Refunds will be provided in only exceptional circumstances such as a medical condition. These requests will be dealt with on a case by case basis and should be emailed to north.mids.entries@gmail.com NOT Swimming Events.

8) Coaches/Team Managers

- a) Each club will receive one free coaches or team managers pass for every 10 swimmers entered or part thereof.
 - i) All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures.
- b) Poolside passes/wristband must be worn at all times or you will be asked to leave the pool deck.
- c) Poolside passes will only be issued to coaches and team managers with a current DBS check and Swim England registration number. These should be e-mailed to north.mids.entries@gmail.com no later than 7 days prior to the start of the competition.
- d) Clubs will receive one heat sheet for each pass issued. Programmes will not be printed for this event.

9) Spectators

- a) Spectators' tickets will be available online for £3 per session. These will go on sale after the accepted entries are issued and prior to the event (max 2 per swimmer or in line with the leisure centre Covid guidance at the time of the event) Tickets will not be available to purchase on the door. Tickets will be made available from the Swimming Events website.

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10) Covid Restrictions

- a) It may be necessary to alter any of the above arrangements as required by either government or leisure centre restrictions due to Covid-19.

11) Promoter's Rights

- a) The promoter reserves the right to refuse admission to any competitor or spectator.
- b) The order of events may be changed at the discretion of the promoter. However this will only be done if absolutely necessary and entrants will be notified at the earliest opportunity.
- c) Anything not covered in the above - or not printed in other meet information will be at the discretion of the promoter.

12) Promoter

The promoter for this event is Barry Keeling who can be contacted on barryqk41@icloud.com if there are any queries regarding the promoter's conditions.